

Psalm 37 – Sermon #3 – What is trust and How do we Grow?

Opening Question: *What did you fret over this last week?*

Lets Read Psalm 37: 1-11

Delight yourself in the Lord and he will give you the desires of your heart. *Read the side box.*

The idea of the word delight is like being in a Jacuzzi. God is the Jacuzzi. Once you get in your desire is not to get out. Our desire our based what we value most. Delighting in God means to allow him to change what we value most

This is conditional --- He gives us our heart's REQUESTS when our delight is in HIM

Read Job 22: 21-28

What was Eliphaz telling Job to do?

Could you do this if you were job?

What is it in your life that it is impossible to submit to God apart from the Holy Spirit?

What is it that you value most in life? Money? A healthy retirement account? Obedient kids? Safe kids? Time? Health? Comfort? Family? How are these values consistent with Kingdom values?

Read Phil 3:7-11

If this was true in your life, what would it mean to how you spend your time, money, resources?

What is the one thing that God wants you to trust him with this week?

The word translated "delight" is one of several possible meanings-- not necessarily "find your pleasure in" This word is used 10 times - most in connection with our relationship to God...The word is kind of unusual - it can mean -to be luxurious, feminine, pliable, sensitive, pampered, actually used in other Aramaic texts for relational intimacy.